



Child/Adolescent Intake Form

Name: _____

Date: _____

PRESENTING PROBLEMS AND CONCERNS

Describe the problem that brought you here today: _____

Please check all your child's behaviors and symptoms that you consider problematic:

- | | | | |
|---|---|--|--|
| <input type="checkbox"/> Distractibility | <input type="checkbox"/> Change in appetite | <input type="checkbox"/> Visual hallucinations | <input type="checkbox"/> Manipulative behavior |
| <input type="checkbox"/> Hyperactivity | <input type="checkbox"/> Withdrawal from people | <input type="checkbox"/> Defiance | <input type="checkbox"/> No/few friends |
| <input type="checkbox"/> Impulsivity | <input type="checkbox"/> Anxiety/worry | <input type="checkbox"/> Aggression/fights | <input type="checkbox"/> Eating problems |
| <input type="checkbox"/> Boredom | <input type="checkbox"/> Panic attacks | <input type="checkbox"/> Homicidal thoughts | <input type="checkbox"/> Sleep problems |
| <input type="checkbox"/> Poor memory/confusion | <input type="checkbox"/> Fear away from home | <input type="checkbox"/> Frequent arguments | <input type="checkbox"/> Nightmares |
| <input type="checkbox"/> Sadness/depression | <input type="checkbox"/> Social discomfort | <input type="checkbox"/> Irritability/anger | <input type="checkbox"/> Toileting problems |
| <input type="checkbox"/> Hopelessness | <input type="checkbox"/> Phobias | <input type="checkbox"/> Peer/sibling conflict | <input type="checkbox"/> Fire setting |
| <input type="checkbox"/> Thoughts of death | <input type="checkbox"/> Obsessive thoughts | <input type="checkbox"/> Stealing | <input type="checkbox"/> Work/school problems |
| <input type="checkbox"/> Self-harm behaviors | <input type="checkbox"/> Compulsive behavior | <input type="checkbox"/> Destroys property | <input type="checkbox"/> Legal problems |
| <input type="checkbox"/> Crying spells | <input type="checkbox"/> Racing thoughts | <input type="checkbox"/> Running away | <input type="checkbox"/> Sexual behavior |
| <input type="checkbox"/> Loneliness | <input type="checkbox"/> Wide mood swings | <input type="checkbox"/> Swearing | <input type="checkbox"/> Computer addiction |
| <input type="checkbox"/> Low self worth | <input type="checkbox"/> Suspicion/paranoia | <input type="checkbox"/> Curfew violations | <input type="checkbox"/> Alcohol/drug use |
| <input type="checkbox"/> Fatigue | <input type="checkbox"/> Hearing voices | <input type="checkbox"/> Lying | <input type="checkbox"/> Lack of motivation |
| <input type="checkbox"/> Recurring, disturbing memories | | <input type="checkbox"/> Other: _____ | |

Are your child's problems affecting any of the following?

- | | | | | |
|--|--------------------------------------|--|--|-----------------------------------|
| <input type="checkbox"/> Handling everyday tasks | <input type="checkbox"/> Self esteem | <input type="checkbox"/> Relationships | <input type="checkbox"/> Hygiene | <input type="checkbox"/> Health |
| <input type="checkbox"/> Recreational activities | <input type="checkbox"/> Work/School | <input type="checkbox"/> Housing | <input type="checkbox"/> Legal matters | <input type="checkbox"/> Finances |

Yes No Has your child ever had thoughts, made statements, or attempted to hurt him/herself? If yes, please describe: _____

Yes No Has your child ever had thoughts, made statements, or attempted to hurt someone else? If yes, please describe: _____

Yes No Has your child recently been physically hurt or threatened by someone else? If yes, please describe: _____

- Yes No Has your child gambled in the past 6 months? If yes, let us know the following
- Yes No Has your child ever felt the need to bet more and more money?
- Yes No Has your child ever had to lie to people about how much your child has gambled?

Therapist Notes:
Init: _____

Name: _____

FAMILY AND DEVELOPMENTAL HISTORY

Relationship	Name	Lives with Child?	Age	Quality of Relationship	Family Mental Health Problems	Who?
Mother					Hyperactivity	
Father					Sexually Abused	
Stepmother					Depression	
Stepfather					Manic Depression	
Siblings					Suicide	
					Anxiety	
					Panic Attacks	
					Obsessive-Compulsive	
Other relatives					Anger/Abusive	
					Schizophrenia	
					Eating Disorder	
					Alcohol Abuse	
					Drug Abuse	

- Parents legally married or living together
- Parents temporarily separated
- Parents divorced or permanently separated

Mother remarried: Number of times _____
 Father remarried: Number of times _____

Please check if your child has experienced any of the following types of trauma or loss:

- Emotional abuse
- Sexual abuse
- Physical abuse
- Parent substance abuse
- Teen pregnancy
- Neglect
- Violence in the home
- Crime victim
- Parent illness
- Placed a child for adoption
- Lived in a foster home
- Multiple family moves
- Homelessness
- Loss of a loved one
- Financial problems

Yes No Were there any medical problems during the pregnancy or birth of your child? If yes, please describe: _____

Yes No Did the biological mother use any tobacco, medication, street drugs, or alcohol while pregnant with this child? If yes, please describes substances used, quantity, and frequency: _____

Yes No Did your child have any developmental delays in early childhood (crawling, walking, talking, toileting, etc.)? If yes, please describe: _____

Therapist Notes:
Init: _____

Name: _____

PREVIOUS MENTAL HEALTH TREATMENT

Yes	No	Type of Treatment	When?	Provider/Program	Reason for Treatment
		Outpatient Counseling			
		Medication (mental health)			
		Psychiatric Hospitalization			
		Drug/Alcohol Treatment			
		Self-help/Support Groups			

Therapist Notes:
Init: _____

SCHOOL INFORMATION

Current grade/placement: _____

This year's school grades: Excellent Good Fair Poor
Past school grades: Excellent Good Fair Poor
This year's school behavior: Excellent Good Fair Poor
Past school behavior: Excellent Good Fair Poor

Has your child had any of the following difficulties at school?

Suspension Incomplete homework Learning problems Referrals or detentions
 Poor grades Teased or picked on Speech problems Attendance problems
 Gang influence

Yes No Does your child have an after-school provider? If so, who? _____

Yes No Has your child ever repeated or skipped a grade? If yes, which one(s)? _____

Yes No Has your child ever received Special Education services? If yes, please describe services received and reason for services: _____

What does your child's teacher(s) say about him/her? _____

Therapist Notes:
Init: _____

Name: _____

Substance Type	Current Use (last 6 months)				Past Use			
	Y	N	Frequency	Amount	Y	N	Frequency	Amount
Tobacco								
Caffeine								
Alcohol								
Marijuana								
Cocaine/crack								
Ecstasy								
Heroin								
Inhalants								
Methamphetamines								
Pain Killers								
PCP/LSD								
Steroids								
Tranquilizers								

Therapist Notes:

MEDICAL INFORMATION

Date of last physical exam: _____

Has your child experienced any of the following medical conditions during his/her lifetime?

- | | | | |
|---------------------------------------|--------------------------------------|---|---|
| <input type="checkbox"/> Allergies | <input type="checkbox"/> Asthma | <input type="checkbox"/> Headaches | <input type="checkbox"/> Stomach aches |
| <input type="checkbox"/> Chronic pain | <input type="checkbox"/> Surgery | <input type="checkbox"/> Serious accident | <input type="checkbox"/> Toileting Concerns |
| <input type="checkbox"/> Dizziness | <input type="checkbox"/> Meningitis | <input type="checkbox"/> Seizures | <input type="checkbox"/> Vision problems |
| <input type="checkbox"/> fainting | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Hearing problems | <input type="checkbox"/> Ear infections |
| <input type="checkbox"/> High fevers | <input type="checkbox"/> Head injury | <input type="checkbox"/> Sleep disorder | <input type="checkbox"/> Sensory concerns |
| <input type="checkbox"/> Other: _____ | | | |

Please list any CURRENT health concerns: _____

Current prescription medications: None

Medication	Dosage	Date First Prescribed	Prescribed By

Current over-the-counter medications (including vitamins, herbal remedies, etc.): _____

Allergies and/or adverse reactions to medications: None

If yes, please list: _____

Therapist Notes:
Init: _____

Name: _____

INTERPERSONAL/SOCIAL/CULTURAL INFORMATION

Please describe your child's social support network (check all that apply):

- Family Neighbors Friends Students Co-workers Support/Self-Help Group
- Community Group Religious/Spiritual Center (which one? _____)

To which cultural or ethnic group does your child belong? _____
If your child is experiencing any difficulties due to cultural or ethnic issues, please describe: _____

How important are spiritual matters to your child? Not at all Little Somewhat Very much
 Yes No Would you like spiritual/religious beliefs to be incorporated into your child's counseling?

Please describe your child's strengths, skills, and talents? _____

Describe any special areas of interest or hobbies (art, books, physical fitness, etc.): _____

Therapist Notes:
Init: _____